

2018 IMPACT REPORT



SECOND CHANCE FOODS

RESCUING FOOD · REDUCING HUNGER · RAISING AWARENESS



Dear Supporters & Friends,

We are so proud and grateful to share this report that highlights the valuable work and community impact we have had in 2018, as a result of your support. Since 2016, Second Chance Foods has been filling the plates of our neighbors in need with the freshest, healthiest food possible. With over 106,000 food-insecure residents in Westchester, Putnam and Dutchess Counties, the need is real and vast.

Hunger is solvable. At Second Chance Foods we have innovative programs that address this very real problem. Our licensed, commercial kitchen generates thousands of meals made primarily with food from local farms that would otherwise be wasted—a clear solution that we are proud to implement, and one that is not being done enough in other communities. We are committed to yielding the greatest impact and continuing to grow and improve our programs in order to ensure the broadest access to fresh, healthy food.

We believe food is not only the sustenance necessary to live, work and thrive, but also an avenue through which families and friends gather. It's how people express culture and connect with their lineage. It's intertwined with childhood memories and a huge part of the holidays across cultures—the Thanksgiving turkey, Christmas cookies, Hanukkah latkes. That's why, at Second Chance Foods, we strive to give people the dignity they deserve and honor their humanity with the food we recover.

We are incredibly fortunate to work with so many local organizations and programs (*over 20 in 2018*) that allow us to ensure the food is going to where people need it, when they need it. We provide to food pantries, veteran's organizations, soup kitchens and homeless shelters.

Thank you to the stores, farms, volunteers, interns, foundations, individuals and community organizations we have formed partnerships with. We will persevere with heart and continue to expand this vital work.

All my best,

A handwritten signature in cursive script that reads "Martha Elder".

Martha Elder, *Executive Director*

NATIONWIDE

126 of Food Wasted
MILLION POUNDS



218 Spent Growing, Processing, Transporting
& Disposing of Food Never Eaten
BILLION DOLLARS

SECOND CHANCE FOODS • POUNDS RESCUED IN 2018



FARM TO FOOD PANTRY

6,492 LBS RECOVERED



GROCERY RESCUE PROCESSED

2,600 LBS INTO MEALS

GROCERY RESCUE DIRECTLY DISTRIBUTED

70,687 LBS TO 20 PROGRAMS

THAT'S A TOTAL OF 79,779 POUNDS!



FOOD PROVIDED TO
MORE THAN 20
DIFFERENT PROGRAMS

TOP 5 PROGRAMS DONATED TO:
Ossining Food Pantry, Fred's Pantry, Fishkill Food Pantry,
Community Center of Northern Westchester & Putnam CAP.
IN 2018 THESE PROGRAMS SERVED:

46,404
ADULTS

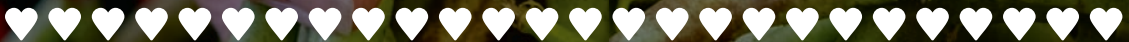
25,049
CHILDREN

6,954
SENIORS

APPROXIMATE
GREENHOUSE GAS
REDUCTION OF

35.2
METRIC TONS

CHILDREN WHO FACE FOOD INSECURITY HAVE POORER ACADEMIC FUNCTIONING,
MORE SOCIAL & BEHAVIORAL ISSUES & MORE DEVELOPMENTAL DELAYS.



In the elderly, food insecurity is a strong
predictor of chronic disease, diabetes,
heart disease, stroke & lung disease.



As our population ages, the number of seniors struggling
with hunger is projected to increase by another 50% when the
youngest of the baby-boom generation reaches 60 in 2025.

SECOND CHANCE FOODS • VOLUNTEER PROGRAMS IN 2018

90+ GLEANING OPERATIONS
203 VOLUNTEER HOURS

225+ GROCERY FOOD RUNS
279 VOLUNTEER HOURS

34 KITCHEN DATES
1,284 VOLUNTEER HOURS



1,776
HOURS DONATED



A VALUE OF **\$42,631** BASED ON
THE NATIONAL ESTIMATED VALUE
OF VOLUNTEER TIME



SECOND CHANCE FOODS IS A HEALTHCARE ORGANIZATION.

Over 90% of the food we rescue is in the form of fresh produce. This enables us to promote good nutrition to populations in need, thereby helping prevent diet related illnesses; nearly half of all U.S. deaths are due to diet related illnesses of heart disease, stroke and diabetes.

"When I was recovering from a stroke I really couldn't cook for myself. With Second Chance Foods' soups I could still have a healthy meal."

FOOD PANTRY CLIENT



SECOND CHANCE FOODS IS A SKILLS DEVELOPMENT PROGRAM.

We train interns with Intellectual and Developmental Disabilities from a local ARC organization on commercial kitchen procedures. They also assist us with food rescue deliveries. This allows our interns to more fully participate in their communities and gives them an opportunity to utilize their abilities and talents. In 2018, our ARC interns spent 770 hours working in our programs.

"She's had a tough couple of years but working with Second Chance Foods is really helping her get back on her feet."

ARC PARTICIPANT'S PARENT COMMENT



SECOND CHANCE FOODS IS A YOUTH VOLUNTEER CHAMPION.

We welcome young people into our volunteer program. Youth who volunteer are more likely to feel connected to their communities, do better in school, and are less likely to engage in risky behavior. We hear all the time from our youth volunteers that finding meaningful opportunities can be difficult and they appreciate how directly they give back when volunteering with Second Chance Foods.

"I love to cook and my work is helping people who are hungry."

10 YEAR OLD KITCHEN VOLUNTEER



SECOND CHANCE FOODS IS AN ENVIRONMENTAL ORGANIZATION

Food is the number one contributor to the landfill where it is buried, breaks down anaerobically, and produces methane—a powerful greenhouse gas. By recovering food that would otherwise be wasted, Second Chance Foods is helping to reduce pesticide, herbicide and fertilizer use—major pollutants of our environment today. These efforts also contribute to water conservation and the lessening of air pollution by reducing the amount of food that needs to be transported to markets over long distances.

"Reducing food waste is identified as the third most important solution for reversing global warming."

PAUL HAWKEN, Drawdown: The Most Comprehensive Plan Ever Proposed to Reverse Global Warming

PHOTO CREDIT | PAGE TWO, BEHIND INFOGRAPHIC & TOP TWO PHOTOS ABOVE:

Gerald Berliner Photography: Courtesy of Community Foundations of the Hudson Valley

WITH GRATITUDE TO THE DYSON FOUNDATION FOR THE FUNDING TO COMPLETE THIS REPORT.



SECOND CHANCE FOODS • 2018 IMPACT REPORT

P.O. BOX 93 • CARMEL, NEW YORK 10512 • 914 261 0797 • [SECONDCHANCEFOODS.ORG](https://secondchancefoods.org)